

Covid19 – Protecting Member Families and Babysitters

Background:

The Covid-19 Pandemic (Coronavirus), resulted in restrictions being placed on UK residents due to the high risk of infection.

With the easing of restrictions, SafeCircle are now in a position to be able to offer their evening babysitting service again to families within our operating regions. This re-opening of bookings is subject to our new Covid-19 guidance and should be followed by all member families and babysitters to protect everyone and ensure a great babysitting experience.

The following guidance has been created using the current government and Public Health England guidance in respect of working from other peoples' homes and aims to reduce the risk of transmission between member families and babysitters. You can view the full government guidance [here](#).

The NHS has identified that the main symptoms of coronavirus are;

- A high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24hours (if you usually have a cough, it may be worse than usual)
- A loss or change in your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Everyone's Responsibilities:

- Neither member family or babysitter should request/accept any bookings if they are experiencing symptoms of Covid-19 and should self-isolate at home for 14 days as per government guidance.
- If anyone in the household or the babysitter are in the high risk category it is recommended that they carefully consider if a booking is suitable for them at this current time and to follow government guidance.
- Ensure they are washing their hands on a regular basis for a minimum of 20 seconds using soap and dry their hands thoroughly.

- Member families and babysitters should ensure they cover their mouth/nose when they cough or sneeze (ideally using a tissue which can be discarded after use). After coughing, sneezing or blowing their nose, the individual should follow the good hand washing practice.
- Remain at least 1m apart from others where possible. We do not expect our babysitters to remain 1m apart from any child in their care however it is recommended that when discussing care for the children, adults should use appropriate social distancing measures where possible.

Member Families Responsibilities:

- Provide handwashing facilities for the babysitter during the booking, which should include a separate, fresh and clean hand towel to dry with.
- Ensure surfaces within the home which are high traffic areas such as the kitchen and bathrooms have been wiped down with antibacterial prior to the booking to reduce the risk of transmission.
- Provide the babysitter with facilities to clean after themselves in these areas of the home to again reduce transmission.

Babysitters Responsibilities:

- A face cover is recommended for our babysitters during their initial entry to the home, during the exchange of greetings and the sharing of care information. This may be removed whilst caring for the children in the home and during the length of the booking.
- Wash their hands immediately upon arrival using soap for the minimum of 20 seconds and thoroughly dry their hands.
- When completing basic care tasks for young children such as assisting with toileting and nappy changes or preparing food and feeding, babysitters will need to ensure that you wash your hands for the recommended 20 seconds before and after, and avoid touching your face during this time.
- Ensure that any toys, books or other equipment that they take along to bookings is cleaned using antibacterial between each booking.
- If you present with symptoms and are required to self-isolate, please inform us and we will temporarily suspend your account to prevent families requesting a sitter who is unavailable.

Additional information:

As government guidance changes our guidance in respect of Covid-19 and babysitting will be amended to ensure that this meets the needs of everyone. If you have any questions in respect of this guidance please get in touch;

Tel: 0203 811 0445

Email: support@safecircle.com